

## OSHA RESPIRATOR MEDICAL EVALUATION QUESTIONNAIRE (Mandatory)

### Section 1:

The following information must be provided by every employee who has been selected to use any type of respirator. (Please print)

- 1) Today's date: \_\_\_\_\_
- 2) Your name: \_\_\_\_\_
- 3) Your age (to nearest year): \_\_\_\_\_
- 4) Sex (circle one): Male / Female
- 5) Your height: \_\_\_\_\_ ft. \_\_\_\_\_ in.
- 6) Your weight: \_\_\_\_\_ lbs.
- 7) Your job title: \_\_\_\_\_
- 8) A phone number where you can be reached by the health care professional who reviews this questionnaire:  
(include area code): \_\_\_\_\_
- 9) The best time to phone you at this number : \_\_\_\_\_
- 10) Has your employer told you how to contact the health care profession who will review this questionnaire: Yes / No
- 11) Check the type of respirator you will use (you can check more than one category):
  - a. \_\_\_\_\_ N, R or P disposable respirator (filter-mask, non-cartridge type only).
  - b. \_\_\_\_\_ Other type (for example, half- or full-facepiece type, powered-air purifying, supplied air, self-contained breathing apparatus).
- 12) Have you worn a respirator (circle one): Yes / No

### Section 2:

Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator (please circle "yes" or "no"). A follow-up medical evaluation is necessary for an employee who gives a positive response to any question among questions 1 through 8.

- 1) Do you currently smoke tobacco, or have you smoked tobacco in the last month: Yes / No
- 2) Have you ever had any of the following conditions?
  - a. Seizures (fits): Yes / No
  - b. Diabetes (sugar disease): Yes / No
  - c. Allergic reactions that interfere with your breathing: Yes / No
  - d. Claustrophobia (fear of closed-in spaces): Yes / No
  - e. Trouble smelling odors: Yes / No
- 3) Have you ever had any of the following pulmonary or lung problems?
  - a. Asbestosis: Yes / No
  - b. Asthma: Yes / No
  - c. Chronic bronchitis: Yes / No
  - d. Emphysema: Yes / No
  - e. Pneumonia: Yes / No

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| f. Tuberculosis:   | Yes / No |
| g. Silicosis:  | Yes / No |
| h. Pneumothorax (collapsed lung):  | Yes / No |
| i. Lung cancer:  | Yes / No |
| j. Broken ribs:  | Yes / No |
| k. Any chest injuries or surgeries:  | Yes / No |
| l. Any other lung problem that you've been told about:   | Yes / No |
| 4) Do you currently have any of the following symptoms of pulmonary or lung illness?             |          |
| a. Shortness of breath:  | Yes / No |
| b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline: | Yes / No |
| c. Shortness of breath when walking with other people at an ordinary pace on level ground:       | Yes / No |
| d. Have to stop for breath when walking at your own pace on level ground:                        | Yes / No |
| e. Shortness of breath when washing or dressing yourself:  | Yes / No |
| f. Shortness of breath that interferes with your job:  | Yes / No |
| g. Coughing that produces phlegm (thick sputum):   | Yes / No |
| h. Coughing that wakes you early in the morning:   | Yes / No |
| i. Coughing that occurs mostly when you are lying down:  | Yes / No |
| j. Coughing up blood in the last month:  | Yes / No |
| k. Wheezing:   | Yes / No |
| l. Wheezing that interferes with your job:   | Yes / No |
| m. Chest pain when you breathe deeply:   | Yes / No |
| n. Any other symptoms that you think may be related to lung problems:                            | Yes / No |
| 5) Have you ever had any of the following cardiovascular or heart problems?                      |          |
| a. Heart attack:   | Yes / No |
| b. Stroke:   | Yes / No |
| c. Angina:   | Yes / No |
| d. Heart failure:  | Yes / No |
| e. Swelling in your legs or feet (not caused by walking):  | Yes / No |
| f. Heart arrhythmia (heart beating irregularly):   | Yes / No |
| g. High blood pressure:  | Yes / No |
| h. Any other heart problem that you've been told about:  | Yes / No |
| 6) Have you ever had any of the following cardiovascular or heart symptoms?                      |          |
| a. Frequent pain or tightness in your chest:   | Yes / No |
| b. Pain or tightness in your chest during physical activity:                                     | Yes / No |
| c. Pain or tightness in your chest that interferes with your job:                                | Yes / No |
| d. In the past two years, have you noticed your heart skipping or missing a beat:                | Yes / No |
| e. Heartburn or indigestion that is not related to eating:                                       | Yes / No |
| f. Any other symptoms that you think may be related to heart or circulation problems:            | Yes / No |

